



## **BC Farmers Market Nutrition Coupon Program: Participant Application Gabriola Island**

The Farmers' Market Nutrition Coupon Program (FMNCP) is a healthy eating initiative that supports farmers' markets and strengthens food security across British Columbia. Community partner organizations provide coupons to lower-income families and seniors participating in their food literacy programs. On Gabriola, the partnership is between the Gabriola Agricultural Association Co-op and People for a Healthy Community.

Coupons can be spent at all BCAF member farmers' markets that participate in the FMNCP, and can be used to purchase vegetables and some additional food items within criteria. Each household enrolled in the program is eligible to receive a minimum of \$21/week in coupons for 16 weeks, beginning June 16th. Our participating market is the Saturday Farmers Market at the Agi Hall from 10am-1pm.

There will be opportunities for participants to take part in food literacy workshops, and there will also be an orientation for the program participants.

We are also supporting a paid research study component of the program through the Canadian Institute of Health Research, and if you are not selected for the initial program spots, you may have an opportunity to participate through the research study, with more details to come.

**Please complete and return applications hard-copy to Kenda (Food Programs Coordinator) at People for a Healthy Community located at 675 North Rd., across from the elementary school. Or, alternatively, email to [food@phcgabriola.org](mailto:food@phcgabriola.org) or fill out the online google form. Applications are due by May 28th. If there are still spots available applications will be accepted past the due date. Applications are located at: Gabriola Medical Centre, Gabriola Healthcare Centre, the Hope Centre, Gabriola Elementary School, and People for a Healthy Community.**

For questions or support with the application please reach out the Kenda:  
250-247-7322 or 250-247-7311  
[food@phcgabriola.org](mailto:food@phcgabriola.org)

For additional information: <https://bcfarmersmarket.org/coupon-program/how-it-works/>

**Full Name:** \_\_\_\_\_

**(If applicable) Partner/Spouse's Full Name:** \_\_\_\_\_

**(If applicable) Children(s) Full Names, ages, and please indicate whether they are with your household full-time or part-time:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**Are you or anyone in your household pregnant?**

Yes \_\_\_\_ No \_\_\_\_

**Phone number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Please check the boxes you self-identify with:**

- Lower-income
- Hard to fit locally grown produce/protein into your budget
- Difficult to afford healthy, nutritious food each month
- Difficult to pay all my bills each month

**Please tell us how this program would benefit you/your family and why you are interested in participating in this program.**

**Are you/your family interested in attending workshops on food skills?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Please tell us some of the food skills you/your family would be interested in: (e.g. cooking healthy, easy meals, snack-making, nutrition tips, breadmaking, fermentation, canning, using seasonal items, and so forth)**